



BioCharger

Advanced Biotechnologies, LLC



BioCharger™ NG Insider Preview

TOP 25 RECIPES

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Insider's Look at the Genesis of the Biocharger™ NG

GIRARD TAKES UP THE MANTLE OF TESLA

Nikola Tesla practically invented the twentieth and twenty first centuries. One of his greatest achievements was to discover and invent the now ubiquitous and aptly named Tesla Coil. Jim Girard became fascinated with electronics at an early age and seemed to have an innate ability to understand, design and construct electronic devices, and especially became interested in the Tesla Coil. Jim began experimenting with the coil in the 1980's and 1990's. He soon was able to construct and operate Tesla Coils and began experimenting with applications in the tradition of Tesla, Lakhovsky, Rife, Hoyland and many other scientists who were a part of developing this Technology. Girard invented a device that he called the Biocharger (also known as BELS early on), using a Tesla Coil as the primary component. The Biocharger went through a series of iterations until the universe conspired to bring Jim Girard together with Jim Law and Colin Bester. A new company was formed and the iteration known as the BioCharger™ NG was born.

WHAT WOULD TESLA DO?

These three entrepreneurs created a company and called it Advanced Biotechnologies, LLC, based out of Cape Cod, Massachusetts, where Jim Girard and Jim Law reside. Together with Colin Bester, located in Austin, Texas, they set out to answer one big question.

What would Nikola Tesla do with his Tesla Coil if he had solid state circuitry, digital smart technology and the Internet of Things?

The answer was a synthesis of Jim Girard's invention, Jim Law's business experience and skills, and Colin Bester's tremendous capabilities in hardware and software engineering. Out of this synthesis emerged the BioCharger™ NG.

THE BIOCHARGER™ NG MAKES ITS WAY INTO THE WORLD

The initial production units (certified ISO 9001 facility) of BioCharger™ NGs were sold in early 2015 to customers who were eager to be beta testers. Tweaks and improvements were made during that first year as the beta customers provided valuable feedback and the BioCharger™ NG was perfected.

Today, the BioCharger™ NG is being sold throughout the United States and into many other countries including Hong Kong, Philippines, Germany, Sweden, Switzerland, Netherlands, Spain, England, Canada, and the list keeps growing. There are very skilled and experienced practitioners around the world collaborating on *recipes* and applications. Some are beginning to engage in studies to see what is possible and what can be learned about applying this technology to help others in the best possible way. The future is bright.

An Overview of the BioCharger™ NG System

Each element of the BioCharger™ NG is worth a deep dive look. But nothing compares to the holistic overview of the system. The totality of the BioCharger™ NG is what makes it so special. Not only is this device capable of delivering multiple types of subtle energy, but it allows access to a fast growing body of hundreds of *recipes* (frequency programs). In addition, the **Control Panel** gives the user a very easy, information rich interface to operate the unit. On top of all that, is the **myCloud Data Center** which serves as a recipe repository or library, and a device control center; giving the user complete control and the ability to perform a wide range of important functions.

To achieve this level of sophistication and functionality, Advanced Biotechnologies had to spend several years in development, and significant amounts of investment capital to create this very advanced new technology. The BioCharger™ NG truly is a revolutionary Subtle Energy Revitalization Platform or simply SERP.



myCloud Data Center

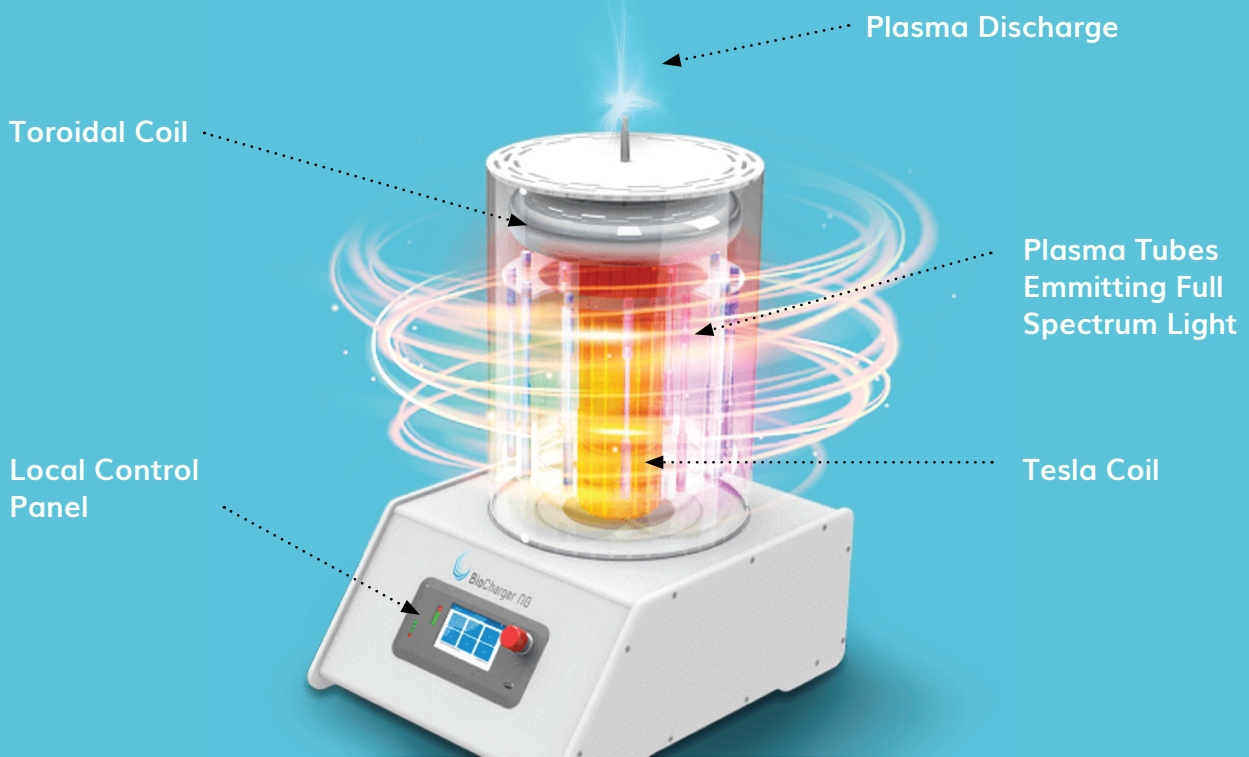
The myCloud Data Center that interfaces with the BioCharger™ NG via Internet connectivity

- Manage Recipes
- Manage Users
- Manage Account Settings
- View Currently Installed Recipes
- View/Download Usage Logs
- Access Control Panel with Handy Link
- View Device Notifications
- Manage Keypad Lockout Settings
- Internet Connectivity Indicator
- View Entire Recipe Library
- Print Recipes

Local Control Panel

The Local Control Panel allows the user to directly control the BioCharger™ NG from the LCD on the unit or from any browser on the network.

- Access Control Panel via Browser or LCD Screen
- Check for Updates
- Perform Important Setup Functions
- Fetch Updates
- View Device Connectivity Information
- Run Recipes
- Use Keypad Lockout for Security
- Configure WiFi Settings
- Change Brightness of the LCD Screen
- Change Device Name
- View Notifications
- Internet Connectivity Indicator



It's All About Recipes

Recipes are what we call the frequency programs that run on the BioCharger™ NG. They are what make the BioCharger™ NG sing with revitalizing energy.

Each recipe is made of a series of stages. Each stage has five parameters that are set to tell the BioCharger™ NG what to do during the stage.

- MODE**
Linear or Log (controls how a stage steps through a frequency range using either linear or logarithmic scale)
- FREQ (Hz)**
Starting and ending frequency of the stage
- POWER (%)**
Power setting for the stage
- DUTY (%)**
The duty cycle setting for the stage's output waveform
- PERIOD(s)**
The runtime of the stage in seconds

Mode	Freq(Hz)	Power(%)	Duty(%)	Period(s)
Log	500-5000	90	40	540
Linear	5000-20000	90	80	180
Linear	20000-50000	90	90	180

A typical recipe will look like the chart above.

ADJUSTING THE POWER SETTINGS

Another very useful feature of the BioCharger™ NG is the ability to change the power setting before running a recipe. There are three settings to choose from; Light, Normal and Boost. This allows the user to adjust power at the time of running the recipe. This essentially makes each recipe into three *recipes*, giving the user granular control over each recipe.

FAVORITES

BioCharger™ NG customers often develop a favorite set of *recipes*. Using the very handy "favorites" feature allows users to select up to six favorites for easy access when it is time to run a session. This saves time, and allows for customization for each (up to four) users, keeping the user experience simple and straightforward.

DEFINING AND UNDERSTANDING SWEEPS

The term sweep is defined as a frequency range that starts at any beginning frequency and increases to a higher frequency over a period of time. Sweeps have become a very popular method, and were developed and used in Subtle Energy Revitalization Platforms (SERPs) during the history and evolution of these technologies.

During frequency sweeps the body is exposed a very broad range of frequencies and harmonics, which is of great benefit. Within the BioCharger™ NG environment sweeps are defined in three basic categories.

NARROW SWEEPS

Narrow Sweeps are a range of frequencies of 10 Hz or less. Narrow Sweeps are good for wobbling around a specific frequency to pick up additional harmonics.

MEDIUM SWEEPS

Medium Sweeps are a range of frequencies greater than 10 Hz and less than 2,000 Hz. Medium Sweeps work well when trying to target specific groups of organisms, or tissue, where a wider range of frequencies is needed.

WIDE SWEEPS

Wide Sweeps are a range of frequencies greater than 2,000 Hz and less than 50,000 Hz. Wide Sweeps are excellent when many frequencies and harmonics are desired within a recipe. This has been proven to be very effective, and can work well as a type of frequency tonic for the body, providing an incalculable range of harmonics.

An Example of a Recipe

USAGE GUIDELINES

Use as desired to stimulate and support the recovery and cellular metabolism of muscle tissue. This Recipe can be used before or after exercise or anytime the muscle tissue is in need of further energetic input.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total usage time to under approximately 20-25 minutes per day.



11:10 MINUTES

Muscle Support is a 12 stage recipe designed to support and stimulate muscle tissue.

ORIGINS

This recipe was designed by the BioCharger™ NG Recipe development team. References used to create this Recipe were sourced from research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.

Mode	Freq(Hz)	Power(%)	Duty(%)	Period(s)
Linear	15-25	50	60	35
Linear	115-130	75	60	35
Linear	155-165	75	60	35
Linear	235-255	75	60	70
Linear	295-305	50	60	35
Linear	315-333	75	60	70
Linear	720-793	75	60	215
Linear	875-885	75	60	35
Linear	960-970	75	60	35
Linear	4995-5005	75	66	35
Linear	5995-6005	75	66	35
Linear	9005-10005	75	72	35

Sample Recipe Plan

Many of our customers like to create *recipe* plans as a way of having a set schedule for a few weeks at a time. This seems to work well for many, so here is a peek at an example of what a typical plan might look like. This is a generic plan for general purposes.

SUGGESTED RECIPE PLAN

Remember to think of "on" days as a total of 15-25 minutes or less for the day. Add, change, and adjust this as desired or as directed by your informed health care practitioner.

WEEK 1	Morning	Afternoon/Evening
DAY 1	Happy Days	PurifyRecover11
DAY 2	OFF	OFF
DAY 3	Chakra Balancing	Nirvana 2.0
DAY 4	PurifyRecover11	Harmonic 528
DAY 5	OFF	OFF
DAY 6	Default	Sleep Support
DAY 7	OFF	OFF
WEEK 2	Morning	Afternoon/Evening
DAY 1	Happy Days	Earthpulse
DAY 2	Adren	Alpha Wave
DAY 3	OFF	OFF
DAY 4	Full Spectrum 10	Golden Ratio
DAY 5	OFF	OFF
DAY 6	Rife3G-Hoyland-S	Chakra Balancing
DAY 7	PurifyRecover11	None

BioCharger™ NG

Top 25 Recipes



1/ Default

USAGE GUIDELINES

Use as desired for general health and well being, better cellular function, immune system support, increased energy, sharper mental acuity and stress reduction.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total usage time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by BioCharger™ NG inventor, Jim Girard as the first recipe to be programmed into the BioCharger™ NG. Default was designed in the tradition of Rife and Hoyland's research and methods, thereby providing a rich wide spectrum of frequencies and harmonics in the electromagnetic and light spectrum. Don't be fooled by the name, the Default recipe is one of the most useful recipes in the system as Jim Girard crafted this recipe to be of use in the widest range of applications. Default gets its name from the fact that it is sent out as the preconfigured default recipe on all shipped BioCharger™ NG units.



14 MINUTES

About This Recipe

The Default recipe is the first recipe ever created for the BioCharger™ NG. This recipe was designed to provide a wide spectrum of frequencies and harmonics to be used as a sort of "tonic" for the body. This recipe can be used in just about any situation and is one of the more versatile recipes.

"This recipe can be used in just about any situation and is one of the more versatile recipes."

2/ Nirvana 2.0

USAGE GUIDELINES

Use as desired to support relaxation. Nirvana 2.0 has a calming effect and many find helpful to use in the evening. Feel free to use it anytime you want assistance in reducing stress and calming the nervous system.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



10 MINUTES

About This Recipe

Nirvana 2.0 is a 20 stage recipe designed to support relaxation and/or sleep.

"Designed to support relaxation and/or sleep."

3/ Nitro

USAGE GUIDELINES

Use as desired to support physical endurance, hard work or athletic performance and training.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List. The inspiration for this recipe originated from Rife frequency public database list in the style of 2G-hybrid.



10:30 MINUTES

About This Recipe

Nitro is an 18 stage recipe that is very intense and produces a significant plasma discharge. This recipe is very popular for pre-exercise or pre-athletic performance use. There is a significant effect felt in the physical body and musculature. Many athletes and people in physically demanding jobs find this recipe to be helpful.

"Very popular for pre-exercise or pre-athletic performance use."

4/ AthleticRecovery

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to athletic activities. Use after athletic activities to enhance recovery.

This recipe can be used anytime one desires additional energy related to physical work and performance.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



10 MINUTES

About This Recipe

AthleticRecovery is designed to support athletic performance and recovery.

"Designed to support athletic performance and recovery."

5/ PurifyRecover11

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to athletic activities. Use after athletic activities to enhance recovery.

This recipe can be used anytime one desires additional energy related to physical work and performance.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



11 MINUTES

About This Recipe

PurifyRecover11 is a 28 stage recipe created in two parts. The first half of the recipe is targeting all five types of pathogens. The second half of the recipe is designed to stimulate and promote the healing response in the body. This is a very pleasant and meditative type recipe that is one of the more popular in the library.

PurifyRecover11 is a shorter version of Purify & Recover.

"Target all five types of pathogen and stimulate and promote the healing response in the body."

6/ Earthpulse

USAGE GUIDELINES

Use as desired to assist general health and well being. *Earthpulse* may be helpful as a part of any recipe plan, as many illnesses can be helped by increased exposure to the Earth pulse or Schumann frequency.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including NASA, many well known and established scientific studies, as well as, the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.

Additional information: Lakhovsky's original theories included the idea that many people were becoming ill due to the fact that they were being cut off from the *Earthpulse* and nature in general. By restoring these energies significant improvement was observed.



10 MINUTES

About This Recipe

Earthpulse is designed to assist the body in aligning with the Schumann frequency, also known as the Earth's pulse. All life tunes to the Schumann frequency and is dependent on it. When we are cut off from this frequency, we can become ill and our bodies become less functional. Restoring the Earthpulse to the body has demonstrated positive effects in many research studies.

"Designed to assist the body in aligning with the Schumann frequency, also known as the Earth's pulse."

7/ Chakra Balancing

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related balancing and toning the energy body and chakra system.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



6 MINUTES

About This Recipe

Chakra Balancing is designed to promote the balancing, toning and opening of the Chakras (Chakras are spinning wheels of energy that are a part of the energetic anatomy of the body).

"Designed to promote the balancing, toning and opening of the Chakras."

8/ Harmonic 528

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related balancing and toning the energy body and chakra system.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



8 MINUTES

About This Recipe

Harmonic 528 is simply the 528 frequency for 8 minutes. 528 is a well known and revered frequency for a number of reasons. Some research indicates 528 may promote DNA repair. 528 is the 5th and central or heart frequency of the Solfeggio scale. The Solfeggio musical scale is same scale that the famous Gregorian Monks use.

"Some research indicates 528 may promote DNA repair."

9/ Solfeggio Serenity

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to relaxation, meditation and stimulating the healing response. This recipe has a wide range of applications, so don't hesitate to give it a try and add it to your recipe plan.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research on the Solfeggio scale. The Solfeggio scale has been used for hundreds, if not thousands of years and is well known for having positive effects on the individuals that are exposed to these harmonizing frequencies.

Additional information: This recipe uses frequencies from the Solfeggio musical scale also known as the Gregorian Chants.



12 MINUTES

About This Recipe

SolfeggioSerenity is a 19 stage recipe that starts and ends with the alpha brainwave frequencies. Between the alpha pattern is the Solfeggio scale starting at the low end (174) going up to the high end (963) and back down to the low end (174).

"19 stage recipe that starts and ends with the alpha brainwave frequencies."

10/ Harmonic Ten

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to relaxation, heart centering, meditation, alpha brain wave entrainment and cellular health.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research on the frequency of 10 Hz as well as the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.

Additional information: 10 Hz has been studied by NASA, HeartMath™, Brain wave researchers and many others.



8 MINUTES

About This Recipe

Harmonic Ten is a single stage recipe that runs a narrow sweep around 10 Hz. The frequency of 10 Hz has a lot of research behind it. This research points to alpha brainwave entrainment, heart to brain coherence, as well as stem cell production. More research and experience with 10 Hz will be helpful to determine the effects that the BioCharger™ NG will have delivering this frequency.

"Alpha brainwave entrainment, heart to brain coherence, as well as stem cell production."

11/ Lymeaid

USAGE GUIDELINES

Use as desired to assist with symptoms related to Lyme.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



10 MINUTES

About This Recipe

Lymeaid is designed to support those that are dealing with Lyme disease and its associated symptoms. This recipe consists of 15 stages of narrow sweeps targeting Lyme related organisms.

"Designed to support those that are dealing with Lyme disease and its associated symptoms."

12/ Sleep Support

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to relaxation prior to sleep. This recipe may also be helpful for general relaxation or meditation. Many find it helpful to use this recipe in the evening hours prior to retiring for the night.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research that reveal frequencies that support sleep and general relaxation.

Additional information: This recipe uses frequencies from Gregorian Chants, also known as the Solfeggio musical scale.



16 MINUTES

About This Recipe

Sleep Support is a 17 stage recipe that is designed to support relaxation prior to sleep.

"Designed to support relaxation prior to sleep."

13/ Adren

USAGE GUIDELINES

Use as desired for general health and well being, better cellular function, Adrenal support, increased energy, and stress reduction.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team in collaboration with one of our most experienced subtle energy doctors in New England. References used to create this recipe were sourced by the doctor that designed this recipe. Many years of research and practical experience went into the creation of this recipe.



12 MINUTES

About This Recipe

Adren was designed by our team of recipe developers to be supportive to the Adrenal gland and associated systems. Developed in stages with exact frequencies associated with the adrenal system.

"Designed to be supportive to the Adrenal gland and associated systems."

14/ Happy Days

USAGE GUIDELINES

Use as desired to assist general health and wellbeing, especially related to improved mood and positive outlook.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



9 MINUTES

About This Recipe

Happy Days is designed to support mood elevation.

"Designed to support mood elevation."

15/ Pain Support

USAGE GUIDELINES

Use as desired to support pain reduction generally.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency list and/or the Consolidated Annotated Frequency List.

Additional information: Originated from Rife frequency list. 2GF-Hybrid narrow sweeps.



11 MINUTES

About This Recipe

Pain Support is a 11 stage recipe designed to assist with generalized pain.

"Designed to assist with generalized pain."

16/ Recovery

USAGE GUIDELINES

Use as desired to support a wide range of recovery situations from athletic recovery, recovery from hard physical labor, to recovery from injuries and other medical conditions.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency list and the Consolidated Annotated Frequency List.

Additional information: Originated from Rife frequency list. 2G-hybrid narrow sweeps.



8:30 MINUTES

About This Recipe

Recovery is a 11 stage recipe designed to assist with post workout recovery and repair. This recipe can also be used for other general recovery purposes such after injuries, etc.

"Designed to assist with post workout recovery and repair."

17/ Skin Support

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to skin health and skin related conditions.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research experienced subtle energy practitioners, as well as the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



15 MINUTES

About This Recipe

Skin Support is a 12 stage recipe that is designed to support the skin and assist with skin related conditions.

"Designed to support the skin and assist with skin related conditions."

18/ Clearhead

USAGE GUIDELINES

Use as desired to assist general health and well being related to the head. Typical uses would be for headache, sinus infection and inflammation, earache, eye-ache, mental fog and any other generalized head related problem.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



12:20 MINUTES

About This Recipe

Clearhead is designed to assist issues related to the head area.

"Designed to assist issues related to the head area."

19/ Breathe Free

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to the lung function and recovery from breathing problems.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



10 MINUTES

About This Recipe

Breathe Free is designed to support the lungs. This recipe is designed to assist the lungs and respiratory function.

"Designed to assist the lungs and respiratory function."

20/ Alpha Wave

USAGE GUIDELINES

Use as desired for general health and well being; assist focus and concentration; assist with meditation; assist with relaxation and sleep. This recipe can be used anytime one needs relaxed focus. May assist with mediation or sleep.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research that reveals frequencies that can assist in entraining the brain into alpha brain wave states.



13 MINUTES

About This Recipe

Alpha Wave may assist with relaxation, focus, concentration and sleep.

"May assist with relaxation, focus, concentration and sleep."

21/ Rife3G-Hoyland-S

USAGE GUIDELINES

Use as desired to assist general health and well being. This style of recipe is known for being very effective for a wide range of health conditions and addressing a very wide range of pathogen targets. *The Rife3G-Hoyland-S recipe* can be used on its own or as a valuable addition to any *recipe plan*.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research, established science and historical documentation about the combined work of Rife and Hoyland.



15 MINUTES

About This Recipe

Rife3G-Hoyland-S is a 3 stage recipe based on the collaborative work of Rife and Hoyland. This period of Rife's work is known as the 3rd generation or 3G, as Rife went through 3 distinct periods during his career.

"3 stage recipe based on the collaborative work of Rife and Hoyland."

22/ Full Spectrum 10

USAGE GUIDELINES

Use as desired to assist general health and wellbeing. *Full Spectrum 10* may help with a wide variety of issues and can be used to improve general wellness. The wide spectrum of frequencies and harmonics produced in this recipe can assist reduce pathogen loads and increase cellular health.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research including the Non-Consolidated Frequency List and/or the Consolidated Annotated Frequency List.



10 MINUTES

About This Recipe

Full Spectrum 10 is a generalized Sweep recipe with the intent of offering a very wide spectrum of frequencies and harmonics in one program. the Full Spectrum recipe comes in 6 and 8 minute versions as well.

"Generalized Sweep recipe with the intent of offering a very wide spectrum of frequencies and harmonics in one program."

23/ Afungusamongus

USAGE GUIDELINES

Use as desired for general health and well being, assisted immune function and support with fungal overload.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from the public frequency database known as the Non-consolidated Frequency List and the Consolidated Annotated Frequency List.



19:30 MINUTES

About This Recipe

Afungusamongus was designed by our team of recipe developers to target the frequencies of fungus and related organisms.

"Designed to target the frequencies of fungus and related organisms."

24/ Arthritis

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to joint stiffness and arthritis related symptoms.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating *recipes* during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from research experienced subtle energy practitioners, as well as the Non-Consolidated Frequency List and the Consolidated Annotated Frequency List.



10:15 MINUTES

About This Recipe

ArthritisSupport is a 13 stage recipe that is designed to support the condition of Arthritis and associated symptoms.

"Designed to support the condition of Arthritis and associated symptoms."

25/ Golden Ratio

USAGE GUIDELINES

Use as desired to assist general health and well being, especially related to relaxation, meditation and attunement to the universal energies.

Good results have been achieved with a usage frequency of 3-4 times a week. Some users find daily use more desirable, while others find only 2-3 times a week works best for them. Experiment and find what works best for you. Many BioCharger™ NG enthusiasts find rotating recipes during the week can enhance effectiveness and overall outcomes.

If doing more than one session per day it is recommended to keep the total session time to under approximately 20-25 minutes per day.

ORIGINS

This recipe was designed by the BioCharger™ NG recipe development team. References used to create this recipe were sourced from a wide body of research, established science and historical documentation about the Golden or Fibonacci Ratio.

Additional information: The Fibonacci sequence adds the last two numbers in the sequence, using 0 and 1 as the starting point. The sequence is 0,1,1,2,3,5,8,13,21,34,55... The recipe follows the same sequence, until it reaches 50,000 hertz. Nature creates this pattern by adding the previous value to the current one to create the next value.



13:50 MINUTES

About This Recipe

Golden Ratio is a 20 stage recipe based on the universal Fibonacci pattern/ratio, also known as the Golden Ratio. The Golden Ratio recipe is based on the Phi Ratio or the Fibonacci sequence. This progressive ratio is found everywhere in nature and throughout the cosmos and is the geometrical and mathematical basis for the nautilus spiral. The concept of creating a BioCharger™ NG recipe based on this pattern was an obvious one, so our recipe development team built it.

"20 stage recipe based on the universal Fibonacci pattern/ratio, also known as the Golden Ratio."